



West Virginia Network of Ethics Committees

32nd Annual WVNEC Symposium

# Ethical Issues in Mental Health



**May 8, 2019**

Stonewall Resort  
Roanoke, WV



Office of Continuing Medical Education  
West Virginia University School of Medicine

## Course Description

Healthcare ethics tends to focus on matters of life and death, especially at the beginning and end of life, and sometimes on the treatment of those whose cognitive capacity is diminished by illness or disability, but much less on mental health per se. Medical professionals often lack education and training on how to preserve to the greatest extent possible the autonomous decision-making rights of patients with mental health disorders (MHD). The symposium will center around the ethical duty of health providers to maximize opportunities for people with MHD to direct their own healthcare including the use of mental health advance directives as tools to empower patients to maintain control over their mental health treatment decisions during mental health crises. The keynote speaker, Pulitzer Prize winner Pam Belluck of the *New York Times* (NYT), will discuss her research that resulted in an insightful December 4, 2018 article in the Health Section of the NYT, “Now Mental Health Patients Can Specify Their Care Before Hallucinations and Voices Overwhelm Them.” This symposium will also present the newly developed West Virginia mental health advance directive, proposed legislation to amend it into the West Virginia Health Care Decisions Act, and a panel discussing ethics consultation for a patient with a mental health disorder and highlighting the ethical issues in such consults. Rounding out the day will be talks on 1) the vulnerability to exploitation and abuse by surrogates, 2) the stigma of patients with mental health disorders, and 3) the ever popular breakout groups for discussion of challenging cases.

## Objectives

At the completion of this conference, participants should be able to . . .

1. discuss impediments to allowing patients with mental health disorders to make their own treatment decisions in the healthcare setting;
2. describe a mental health advance directive and how it protects patient autonomous decision-making rights;
3. identify resources to assist West Virginians with mental health disorders to advocate for themselves when they interact with the healthcare community; and
4. detail ways in which mental health stigma may impede effective provider-patient communication.

## Course Credits

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the WVU School of Medicine and WV Network of Ethics Committees.

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The WVU Office of CME designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This continuing education activity has been provided by the West Virginia University School of Nursing for 6.9 contact hours. The West Virginia University School of Nursing is an approved provider of continuing education by the State of West Virginia Board of Examiners for Registered Professional Nurses, Legislative Rule §19CSR11-4 under provider number WV1996-0120RN.

This course is sponsored by the Center for Health Ethics and Law, Provider Number 490095, which is a Certified Provider of continuing education credits for social workers. This program has been awarded up to 5.75 hours of continuing education credit.

This program qualifies for a total of 6.90 hours under the West Virginia Rules for Mandatory Continuing Legal Education.

This program is approved for 5.75 continuing education hours for psychologists by the State of West Virginia Board of Examiners of Psychologists.

**Disclosure:** It has been determined that the content of this activity is not related to any products or services of any commercial interests, therefore, no evidence was gathered related to faculty / authors / planners' relationships with commercial interests.”

**Target Audience** - This conference is intended for people who serve on ethics committees, physicians, psychologists, nurses, social workers, clergy, attorneys, community members of ethics committees and others who wish to increase their knowledge of ethical and legal issues in healthcare ethics consultation.

# Schedule

- 7:30 am            **Registration and Continental Breakfast**
- 8:00 am            **Panel Case Discussion**  
Moderator: Valerie Satkoske, MSW, PhD  
Panelists: John C. Linton, PhD, ABPP, Suzanne Messenger, JD,  
Roonie Reed, Patrick Ryan, CEO and Wade Samples, LSW
- 9:00 am            Break
- 9:15 am            **Mental Health Journalism: Insights, Issues, and Ideas**  
Keynote Speaker: Pam Belluck, NY Times Journalist
- 10:45 am           Break
- 11:00 am           **Panel 2: Post Keynote Discussion and Expert Panel**  
Moderator: Alvin Moss, MD  
Panelists: John C. Linton, PhD, ABPP, Dave Sanders and Shawna  
White, Esq
- 11:30 am           Lunch
- 12:30 pm           **Setting-Specific Small Group Discussion of Tough Cases and Issues**  
for Outpatient Mental Health, Inpatient Mental Health and Medical  
Moderators:  
*Outpatient Mental Health* - Chip Railing, MSW and Roonie Reed, BS  
*Inpatient Mental Health* - Patrick Ryan, CEO and Valerie Satkoske,  
MSW, PhD  
*Medical* (Hospital, Nursing Home, Home Health & Hospice) -Alvin Moss, MD
- 1:30 pm            Break
- 1:45 pm            **Patients with Mental Health Disorders: Vulnerability to  
Exploitation and Abuse by Surrogate Decision Makers**  
Jeremiah Underhill, Esq
- 2:15 pm            **Ethics Consultation and Stigma of Patients with Mental Health  
Disorders**  
Valerie Satkoske, MSW, PhD
- 2:45 pm            **Mental Health Advance Directive Legislation**  
Alvin Moss, MD
- 3:15 pm            Q & A and Evaluation
- 3:30 pm            WVNEC Annual Business Meeting

# Course Faculty and Panelists



**Pam Belluck** - She is a health and science writer for *The New York Times (NYT)*. Ms. Belluck and her colleagues were awarded a Pulitzer Prize for their coverage of the Ebola epidemic in 2015. She will discuss her research that resulted in an insightful December 4, 2018 article in the Health Section of the *NYT*, "Now Mental Health Patients Can Specify Their Care Before Hallucinations and Voices Overwhelm Them." Ms. Belluck has written on a variety of subjects including hospital delirium and end-of-life care.



**John C. Linton, PhD, ABPP** - He is the Associate Vice President for Health Sciences and Dean of the Charleston Division of West Virginia University School of Medicine. Dr. Linton is a tenured Professor and Vice Chair of the WVU Department of Behavioral Medicine in Charleston. He has a lifelong interest in professional ethics and has served on ethics committees of the state and national American Psychological Association (APA) and as the ethics officer for the West Virginia Board of Examiners of Psychologists.



**Suzanne Messenger, JD** - She is a West Virginia's State Long-term Care Ombudsman. She advocates for long-term care residents in a variety of matters related to residential long-term care including resident rights, quality of care, payment, guardianship and conservatorship, powers of attorney, health care surrogate matters, end-of-life issues, and elder abuse and exploitation.



**Alvin Moss, MD, FACP, FAAHPM** - He is a Professor of Medicine in the Section of Geriatrics, Palliative Medicine, and Hospice at West Virginia University School of Medicine and Director, West Virginia University Center for Health Ethics and Law and the WV Center for End-of-Life Care. Dr. Moss has performed ethics consults for more than 30 years and taught about ethics consultation at the state and national level for more than 20 years. His research includes innovations to improve advance care planning and end-of-life care.



**Chip Railing, MSW** - He has over thirty years of experience working in the mental health field as a psychiatric social worker in both the inpatient and outpatient settings and ten years working in the hospice field as a hospice social worker. He currently works at Ohio Valley Medical Center and East Ohio Regional Hospital for the past four years providing inpatient and outpatient social work palliative care services.



**Sharon "Roonie" Reed, BS** - She has been with Legal Aid of West Virginia as a Behavioral Health Advocate at William R. Sharpe, Jr. Hospital since 2011. Her responsibilities include investigating allegations of abuse, educating patients and staff members regarding patient rights, mediating between staff members and patients, and monitoring policies and operations to ensure compliance with state laws. She received her BS degree in Multidisciplinary Skills from Liberty University.



**Patrick Ryan, CEO** - He is the Chief Executive Officer for William R. Sharpe Jr. Hospital in Weston, WV. He has extensive experience in directing behavioral health programs. He is the director of community relations for United Summit Center. Mr. Ryan has led behavioral health teams and supervised case managers serving patients with mental health disorders.



**David Sanders** - He has enjoyed a 25 year career in the behavioral healthcare field. He has worked in a variety of roles during that time including serving in state government, working for non-profits, and consulting with community advocates and policy makers. His current roles are serving as the project coordinator for WV Recovers to establish a statewide network of peers and allies across WV, co-coordinator for the WV Leadership Academy which is a nationally recognized leadership and advocacy program, and currently serves on the Board of Prevent Suicide WV.



**Wade Samples, Jr., LSW** - He is the state regional Adult Service Consultant for Region II & IV for the Bureau for Children and Families (BCF). Mr. Samples has been employed by the BCF for over 18yrs. He started his career with BCF in 2000 as a Child Protective Service worker then transferred over to Adult Protective Services. Prior to being employed by BCF Mr. Samples was the Social Service Director of a long-term care facility. He received his B.S. Degree in Public Service Administration from WVUIT. Mr. Samples has over 20 years of experience as a Licensed Social Worker in the state of West Virginia.



**Valerie Satkoske, MSW, PhD** - She is the Director of Ethics for Wheeling Hospital and an ethics consultant for The Diocese of Wheeling-Charleston and the WV Rural Emergency Trauma Institute. She is an Assistant Professor in the Department of Medical Education at WVU School of Medicine and Associate Director of the WVU Center for Health Ethics and Law. She sits on the ethics committees of Wheeling Hospital and WVU Hospitals. Additionally, she is core faculty in the University of Pittsburgh Center for Bioethics and Health Law and is an affiliate faculty member of the University of Pittsburgh Consortium Ethics Program.



**Jeremiah Underhill, Esq** - He is the Legal Director at Disability Rights of West Virginia (DRWV). Mr. Underhill earned a bachelor's degree from Penn State and a Juris Doctorate from Widener Law Commonwealth. He currently serves on the Board of the Disability Rights Bar Association, the WV Children's Justice Task Force, and the WV Working Interdisciplinary Network of Guardianship Stakeholders. His work at DRWV ensures that West Virginians with disabilities have a voice when their human and legal rights are challenged.



**Shawna White, Esq** - She is an attorney at Disability Rights of West Virginia. Ms. White attended WVU for both undergraduate and law school graduating in 2008 with a B.S. in Biology, a B.A. in Political Science and a J.D. Following law school, Ms. White worked as a legal advocate for YWCA's Resolve Family Abuse Program before going to the Kanawha County Public Defender's office. Prior to joining DRWV, Ms. White worked briefly in private practice representing client in abuse and neglect cases and at the WV Bureau for Child Support Enforcement.

# Registration

## Registration Deadline is April 24, 2019

### Registration Fee

WVNEC Members \$105

All Others \$130

WVNEC uses an online registration process which allows you to register for any of our upcoming programs online quickly. It provides you with the convenience of paying from the privacy of your home or office on a secure website. One of the benefits of the online registration is it generates a confirmation and receipt for your registration immediately upon payment.

Payment is required in advance. There will be no registration at the door. Cancellation policy: Written cancellations must be received prior to April 1, 2019 to obtain a refund. Substitutions are welcome. Please notify us of the change. Course fee includes all conference materials, continental breakfast, lunch, breaks, and continuing education credits.

### **TO REGISTER: Go to <http://www.wvnec.org/courses>**

On the main course website “Click Here for More Information” for the program you want to register for. Fill out the online registration form then submit the form to be taken to the eCommerce site for payment completion. Make sure to indicate your membership status and if you would like to receive continuing education credit for attending the event. The submit button will take you to the payment page. You will receive a confirmation of registration immediately upon submitting.

***NOTE:** Registration email may arrive in your SPAM folder. Please check your SPAM/Clutter folder before contacting us.*

**Hotel Accommodation:** A block of rooms for the night of May 7 has been reserved at the Stonewall Resort for conference participants under Center for Health Ethics and Law for \$140. To make reservations, contact the hotel directly at 304-269-7400. Room reservations must be made by April 7, 2019.

**Questions:** Contact Linda McMillen at 1-304-293-7618 or [lmcmillen@hsc.wvu.edu](mailto:lmcmillen@hsc.wvu.edu).